



ATHLETIC HANDBOOK

2016-2017

Excellence ~ Teamwork ~ Integrity

TABLE OF CONTENTS

Purpose	3
Philosophy and Objectives.....	3
Membership.....	3
Athletic Offerings.....	4
Academic Credit	4
Attendance	4
Exemptions	5
Athletics and Academics	5
Student-Athletes	6
Captains.....	6
Parents.....	7
Awards	7
Information	8
Physicals	8
Uniforms	8

PURPOSE

The purpose of Maui Prep Athletics is to further the school's mission by actively pursuing athletic excellence with high ethical standards that will produce excellent leaders with valuable tools for life after high school.

PHILOSOPHY AND OBJECTIVES

Athletics is a vital part of the total curriculum of Maui Prep. As an extension of the academic classroom and traditional independent school day, many valuable lessons are learned through athletic participation. The objective of athletics is to foster an environment where student-athletes reach their fullest potential intellectually, emotionally, and physically.

The athletic experience at Maui Prep depends on faculty and community members to coach athletes in a diverse program of interscholastic sports at the varsity and junior varsity levels. Maui Prep Athletics is dedicated to teaching the principles of excellence, integrity, teamwork, participation, discipline, loyalty, self-confidence, and respect for authority. Good sportsmanship displayed by participants and fans alike is a highly valued expectation at Maui Preparatory Academy. The grace with which teams or individuals win or lose reflects the values that Maui Prep holds as important.

MEMBERSHIP

Maui Prep is an active member in the Maui Interscholastic League (MIL). The MIL encompasses both public and independent schools from across Maui County. There are thirteen (13) schools that are full time members of the MIL:

Baldwin High School	Lahainaluna High School
Hana Elementary and High School	Maui High School
Haleakela Waldorf	Maui Preparatory Academy
Kihei Charter School	Molokai High School
King Kekaulike High School	St. Anthony School
Kamehameha Schools - Maui	Seabury Hall
Lanai Elementary and High School	

Maui Prep also falls under the administration of the Hawaii High School Athletic Association (HHSAA, www.sportshigh.com). The HHSAA provides oversight to all high school athletic leagues in Hawaii and coordinates the various state championships for each sport.

ATHLETIC OFFERINGS

Maui Prep is committed to offering a wide variety of athletic teams for student-athletes to participate on. For the 2016-2017 academic year, Maui Prep is committed to offering the following athletic opportunities:

	Girls	Boys
Fall	Cross-Country Running ¹ Volleyball ¹	Cross-Country Running ¹
Winter	Paddling ¹ Swimming ²	Paddling ¹ Swimming ²
Spring	Surfing ² Golf ² Tennis ² Track and Field ¹	Surfing ² Golf ² Tennis ² Track and Field ¹

¹ indicates that this sport is offered at both the junior varsity (9th and 10th grade) and varsity level (9th through 12th grade)

² indicates this sport is offered at the varsity level only (9th through 12th grade)

ACADEMIC CREDIT

All Upper School students at Maui Prep are required to participate in a minimum of one athletic season as part of the Maui Prep Extracurricular Participation Policy (Pueo Points). To fulfill the requirement students must earn a minimum of 7 points, of which at least 3 must be in athletics (3pts = 1 season), 1 must be in community service (25 hours). The athletic calendar is broken down into three seasons: fall, winter, and spring. The dates of these seasons are determined by the MIL and HHSAA. The MIL athletic seasons roughly correspond with the trimesters of the Maui Prep academic year. Student-athletes will acquire one-fourth (1/4) of an academic credit upon the successful completion of an athletic season. Because credit is earned towards graduation, a student-athlete will be awarded a letter grade that will be placed on the student's official transcripts and factored into a student's GPA. The following grade categories are suggested for all coaches to use:

Participation/Effort	40%
Teamwork/Attitude	30%
Skill Level/Improvement	30%

ATTENDANCE

Because participation in athletics earns an academic credit is largely based on participation, Maui Prep assumes that student-athletes will have a perfect attendance record to all practices, meetings, and competitions. Perfect attendance ensures the student-athlete is learning all necessary skills and strategies to pursue excellence within the MIL. A student must realize that by missing an athletic event, they are hampering their own skills as well as that of

the team on which they are participating.

Coaches will permit excused absences within reason, however, unexcused absences will have a negative impact on the student's grade for the course. A student will be deducted 5% for each practice or meeting missed due to an unexcused absence and 15% for each competition missed due to an unexcused absence. The coach and Athletic Director will hold the sole decision as to whether or not the absence is excused or unexcused. In order for an absence to be excused, the student must ask permission of the coach, at a minimum, seventy-two (72) hours prior to the athletic event. Excused absences will also be given in the case of family emergencies. **Effective communication between the coach and student-athlete, on the part of the student-athlete, is essential when dealing with excused absences.**

In the case of sickness or injury, if the student has attended school that day, they are expected attend their athletic event, even if their participation will be to a minimum. If a student is too sick or injured to attend school, they may be granted an excused absence for the athletic event, at the discretion of their coach and the Athletic Director. In the event of a prolonged injury, the student-athlete, coach, and Athletic Director will develop a plan of rehabilitation and recovery with the hope that the student-athlete will be able to return to competition.

EXEMPTIONS

Maui Prep eliminated athletic exemptions in 2016-17 with the adoption of the Extracurricular Participation Policy (Pueo Points).

ATHLETICS AND ACADEMICS

Maui Prep student-athletes are expected to maintain of high level of academics throughout their athletic participation. Student-athletes must incorporate time management skills to accommodate the busy schedules of academics, athletics and personal life. A student-athlete must maintain a high level of communication between parent, coach, and faculty member regarding academic progress. All steps will be taken by the Athletic Department to minimize interruption to the academic school day; however, it should be noted that in some cases, student-athletes might have to leave school early to travel to an athletic event. It is the student-athletes responsibility to notify the teacher several days ahead of time, seek out and complete any necessary work ahead of time, and remain in good academic standing for that class. This will require effective communication and flexibility between the student-athlete, the teacher, the coach and the Athletic Director.

In the event that a student-athlete's academic progress begins to suffer, steps must be taken to ensure all responsibilities, academic and athletic, are fulfilled. If the student-athlete requires extra help from a teacher, it is the student-athlete's responsibility to find time outside of scheduled practice or competition to seek assistance from the teacher. In the event that no other time can be found, a student-athlete may miss a practice or competition with the prior approval of the coach. The Maui Prep Academic Dean will conduct a grade check every Monday to determine the athletic eligibility of each student-athlete. Student-athletes found to have one or more grades below a C- will be declared athletically ineligible for any competitions that week until the student-athlete can raise his or her grade. The student-athlete is still required to attend all practices and competitions. If a student-athlete chooses to not attend an athletic event while athletically ineligible, it shall be declared as an unexcused absence.

STUDENT-ATHLETES

Maui Prep encourages all student-athletes to pursue excellence with teamwork and integrity in their athletic endeavors. Athletics can be seen as a microcosm of life with many lessons that can be applied at a later time. Maui Prep expects its' student-athletes to recognize that the same expectations of positive behavior and attitude that are applicable in the classroom are also required in the various athletic venues. It is expected that student-athletes will:

1. Maintain the highest level of sportsmanship and conduct at all times.
2. Respect players, coaches and officials at all times.
3. Respect the privilege of having the opportunity to play and represent Maui Prep on a team.
4. Attend all practice sessions honoring the above privilege.
5. Respect the "zero tolerance" guidelines concerning the use of drugs, alcohol and tobacco.
6. Maintain their grades at a high level using athletics as an opportunity to improve their time management skills.

CAPTAINS

In the initial stages of each season, the coach of a team may appoint a student-athlete to be the captain of the team. To be named captain is an extreme honor and indicates the coach views the student-athlete with the highest standard in regards to leadership, integrity, teamwork and skill. With the privilege of being named comes various responsibilities. The captain acts as an extension of the coach in providing leadership by example. The captain may be called upon to lead practices, conduct team meetings, mediate disputes between teammates, and act as an intermediary between coach and player. The captain may be

called upon to represent Maui Prep at official functions such as the MIL Captains' Table.

PARENTS

The parent community at Maui Prep has a rich history in supporting the activities the school; athletics is no exception. Maui Prep recognizes that participation on an athletic team requires not only the commitment of the student-athlete, but the parents as well. Parents are strongly encouraged to support Maui Prep teams and to model sportsmanship and ethical behavior at athletic events. Parents may also be called upon as volunteers when Maui Prep is responsible for hosting athletic events.

Parents are encouraged to:

1. Be familiar with team and athletic department policies and procedures for your son or daughter.
2. Get to know your son or daughter's coach.
3. Help reaffirm the athletes' code of conduct.
4. Attend as many games as you can, yell, scream, stomp your feet and root for the Maui Prep Pueo!
5. Let the coaches coach and the officials officiate.
6. Seek opportunities to volunteer in a manner that benefits the Maui Prep Athletics Department.

AWARDS

Maui Prep celebrates the accomplishments and accolades of its' student-athletes. Over the course of the season, student-athletes may be recognized with awards at a league and state level.

Maui Prep also gives its' own awards to deserving students.

1. Maui News/A&B Sports Spotlight Nomination (male and female)

This nomination is given by the Upper School administrative team to a male and female who excels in their given sports, have maintained an excellent GPA and have constantly pursued academic excellence, and who exemplified the overall values of Maui Prep. The student-athletes nominated for this award will be featured in the Maui News with a photo and biography. Student-athletes granted this honor and their parents are also invited to a banquet at the end of the school hosted by Alexander & Baldwin honoring all Sports Spotlight winners from other schools.

2. Three-Sport Athletes

This award is given to all student-athletes who seek the challenge of participating in all three (3) seasons of sport at Maui Prep. In order to

qualify for this award, the student-athlete must fully commit to one team in all three athletic seasons.

3. Pueo Award (male and female)

The Pueo Award is given to the male and female who best exemplify hard work, positive attitude in the face of adversity, leadership, teamwork and a commitment to improvement over the course of their chosen Maui Prep sports. The coaches of Maui Prep athletic teams and the Upper School administrative team will determine the recipients of the Pueo Award.

4. Athlete of the Year (male and female)

The Athlete of the Year awards are reserved for one male and one female who have pursued and achieved excellence in their chosen Maui Prep sports. Other factors, including teamwork, leadership, and attitude will also be considered. The coaches of Maui Prep athletic teams and the Upper School administrative team will determine the recipients of the Athlete of the Year awards.

INFORMATION

Information regarding the Maui Prep Athletic Department, including schedules, results, coaches' contact information, can be found on the athletics website. **It is a student-athlete's responsibility to effectively communicate practice and competition schedules to parents.**

PHYSICALS

All student-athletes, in MIL compliance, must undergo a physical performed by a medical doctor prior to participation in athletics at Maui Prep. Maui Prep will provide a day at the beginning of the school year in which student-athletes can undergo a physical by a doctor on campus. If a student-athlete does not attend this physical, they will have to seek a physical from another doctor and incur any associated fees. The doctor performing the physical must complete the "State of Hawaii DOE Physical" form.

UNIFORMS

All student-athletes will be given a uniform at the start of each athletic season. Uniforms are meant to be worn with pride and to distinguish Maui Prep apart from other schools. Athletic uniforms shall only be worn for appropriate school and athletic functions. Students are responsible for maintaining proper care of their assigned uniform over the course of the season. All uniforms must be turned into the coach following the conclusion of the season. If the uniform is not turned in or is found to be in an inappropriate state of disrepair, the student-athlete will be charged for replacing the uniform.